



A Nutrient-Dense Leaf with Powerful Health Benefits

Packed with essential vitamins and minerals, lemon myrtle is a nutritional powerhouse.



High levels of **calcium**, **magnesium**, and **potassium** support **muscle**, **nerve**, and **heart** health.



Rich in **Vitamin E** and **Vitamin B9** for **immune** support and **cardiovascular** health.



A daily source of nutrients to complement a **balanced diet**.

The New Citrus
on 1-2-Taste

**Lemon
Myrtle**



Australian
Native
Products



A Natural Antioxidant Powerhouse

Protect your body from oxidative damage with the superior antioxidant benefits of lemon myrtle.



Rich in health-boosting **phenolic compounds**, essential for protecting against aging and chronic diseases.



Antioxidants shown in some studies to be higher than those found in **Vitamin E** and blueberries*.



Shown to combat **free radicals**, keeping your body youthful and vibrant.

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Nature's Defense Against Bacteria and Viruses

Lemon Myrtle's potent antimicrobial properties keep your body protected.



Contains **citral**, which has proven **antibacterial**, **antifungal**, and **antiviral** properties.



A natural solution for supporting **immune function** and **reducing infections**.



Provides an additional layer of **protection** in a world filled with **pathogens**.

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Combat Inflammation Naturally

Lemon Myrtle contains bioactive compounds with potential to reduce inflammation and support heart health.



Contains **epigallocatechin gallate (EGCG)** and **quercetin**, known to reduce **inflammatory** markers.



Reduce factors linked to prolonged **inflammation**, which is associated with chronic conditions such as **heart disease** and **cancer**.



Ideal for daily use to promote overall **wellness** and **longevity**.

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Enhance Your Gut Health with Every Sip

Lemon Myrtle supports gut health by improving polyphenol absorption and digestion.



May increase the bioavailability of **antioxidants** during **digestion** by up to 50%.



May promote healthy colonic fermentation for better **nutrient absorption**.



Can help maintain a **balanced gut microbiome**, crucial for overall health.

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Relax, Refresh, and Revitalize

The soothing scent and bioactive compounds of lemon myrtle ease stress and pain.



Citral-based aroma **reduces anxiety** and **promotes relaxation**.



May **alleviate headaches** and **migraines** similar to findings from studies on citral.



Incorporate into your daily routine for a natural **mood booster**.

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